

**SPINE & BALANCE CENTER OF NJ, LLC**

**Karl W. Nixdorf DC, PC**

179 Cedar Lane Suite B

Teaneck, NJ 07666

**Chiropractic Case History**

Name \_\_\_\_\_ Sex M F Date: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

C. Phone(\_\_\_\_\_) \_\_\_\_\_ H. Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Referred by \_\_\_\_\_ Social Security # \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Have you ever received Chiropractic Care? Yes No If yes, when? \_\_\_\_\_

**1. Primary reasons for seeking chiropractic care:**

Primary reason: \_\_\_\_\_

Secondary reason: \_\_\_\_\_

Other factors contributing to the primary and secondary reasons: \_\_\_\_\_

**2. Chief Complaint:** \_\_\_\_\_

Location of Complaint: \_\_\_\_\_

Complaint Began when and how? \_\_\_\_\_

Please circle the Quality of the complaint/pain: dull aching sharp shooting burning throbbing deep nagging other \_\_\_\_\_

Does this complaint/pain radiate or travel (shoot) to any areas of your body? Where? \_\_\_\_\_

Do you have any numbness or tingling in your body? Where? \_\_\_\_\_

Grade Intensity/Severity (No complaint/pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst possible pain/complaint imaginable)

How frequent is complaint present, how long does it last? \_\_\_\_\_

Does anything aggravate the complaint? \_\_\_\_\_

Does anything make the complaint better? \_\_\_\_\_

**3. Previous interventions, treatments, medications, surgery, or care you've sought for your complaint:** \_\_\_\_\_

\_\_\_\_\_

**4. Past Health History:**

**A. Previous illnesses you've had in your life:** \_\_\_\_\_

\_\_\_\_\_

**B. Previous injury or trauma:** \_\_\_\_\_

Have you ever broken any bones? Which? \_\_\_\_\_

**C. Allergies** \_\_\_\_\_

**D. Medications:**

Medication	Reason for taking
_____	_____
_____	_____
_____	_____

**E. Surgeries:**

Date	Type of Surgery
_____	_____
_____	_____
_____	_____

**Females:** What was the date of the beginning of your last menstrual period? \_\_\_\_\_

**5. Family Health History:**

Associated health problems of relatives: \_\_\_\_\_

Deaths in immediate family:

Cause of parents or siblings death	Age at death
_____	_____
_____	_____
_____	_____

**6. Social and Occupational History:**

**A. Level of Education:**

high school       some college       college graduate       post graduate studies

**B. Job description:** \_\_\_\_\_

**C. Work schedule:** \_\_\_\_\_

**D. Recreational activities:** \_\_\_\_\_

**E. Lifestyle (hobbies, level of exercise, alcohol, tobacco and drug use, diet):** \_\_\_\_\_

I have read the above information and certify it to be true and correct to the best of my knowledge, and hereby authorize this office of Chiropractic to provide me with chiropractic care, in accordance with this state's statutes.

Patient or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctors Signature \_\_\_\_\_ Date \_\_\_\_\_

**Spine and Balance Center of N.J., LLC**

179 Cedar Lane Suite B

Teaneck, NJ 07663

Tel 201-907-5092

Fax 201-596-3630

**Authorization for Health Information Disclosure**

This form complies with HIPAA Privacy Rule

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Patient Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

I hereby authorize: \_\_\_\_\_

**Name of physician's office/medical practice disclosing information**

**Requestor/Recipient Information**

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Teaneck, NJ 07666

I understand that I have the right to revoke this authorization at any time. I understand that my revocation must be in writing and addressed to the privacy officer of the above named facility authorized to make this disclosure. I understand that the revocation does not apply to information that has already been released in response to this authorization. **Unless otherwise revoked, this authorization will expire in six months or on the following date:** \_\_\_\_\_.

I understand that any disclosure of information may be subject to re-disclosure by the recipient and may no longer be protected by federal or state law. I understand that I need not sign this authorization to assure treatment. I understand that I may inspect and/or copy the information to be disclosed. I understand that authorizing this disclosure is voluntary. I understand that if I have any questions about disclosure of my health information, I may contact the privacy officer at the facility listed above that is authorized to disclose this information and request a copy of this authorization.

**I understand that my health record may include information pertaining to the treatment of drug and alcohol abuse, mental illness, acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV), sexually transmitted diseases, tuberculosis or genetics. IF YOU DO NOT WISH THIS INFORMATION TO BE RELEASED, PLEASE INITIAL; DO NOT RELEASE \_\_\_\_\_.**

\_\_\_\_\_  
Signature of Patient or Authorized Representative (if applicable)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Description of Representative's Authority (witness signature required)

\_\_\_\_\_  
Signature of Witness